



Farming the Woods: An Integrated Permaculture Approach to Growing Food and Medicinals in Temperate Forests (Paperback)

By Ken Mudge, Steve Gabriel

Chelsea Green Publishing Co, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book. In the eyes of many people, the practices of forestry and farming are mutually exclusive, because in the modern world, agriculture involves open fields, straight rows, and machinery to grow crops, while forests are primarily reserved for timber and firewood harvesting. Farming the Woods invites a remarkably different perspective: that a healthy forest can be maintained while growing a wide range of food, medicinal, and other non-timber products. While this concept of forest farming may seem like an obscure practice, history indicates that much of humanity lived and sustained itself from tree-based systems in the past; only recently have people traded the forest for the field. The good news is that this is not an either-or scenario; forest farms can be most productive in places where the plow is not: on steep slopes, and in shallow soils. It is an invaluable practice to integrate into any farm or homestead, especially as the need for unique value-added products and supplemental income becomes more and more important for farmers. Many already know that daily indulgences we take for granted such as coffee, chocolate, and many tropical...



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