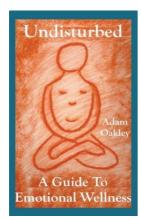
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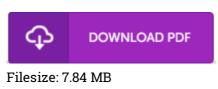
# UNDISTURBED: A GUIDE TO EMOTIONAL WELLNESS (PAPERBACK)



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- Authored by Adam Oakley
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