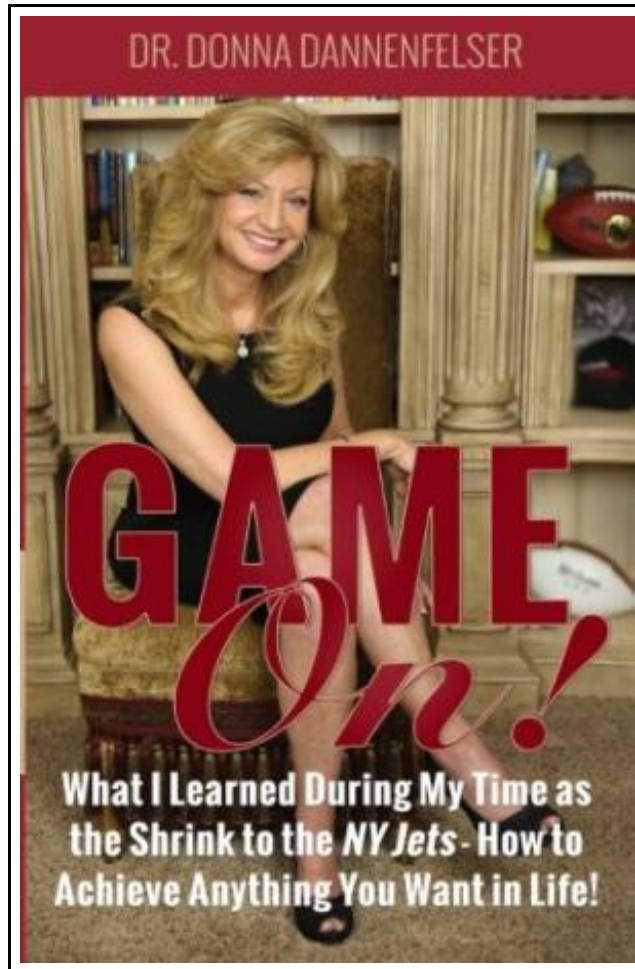


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GAME ON!: WHAT I LEARNED DURING MY TIME AS THE SHRINK TO THE NY JETS - HOW TO ACHIEVE ANYTHING YOU WANT IN LIFE! (PAPERBACK)



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Crescendo Publishing LLC, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Life is a lot like sports, as author Dr. Donna Dannenfelser will attest to in her book about how she left a world behind to go after a dream. A dream that many told her was impossible. She began her journey as a young mother of three on Long Island, without any money and a psychology degree that she couldn't do anything with, and wound up as the mental health clinician to the NY Jets. This led to her creating the hit TV series, Necessary Roughness in 2011, which was based on her life, accomplishing this without an agent or a manager. Many have asked her how she did it. Dr. Donna takes you on her journey as she describes the ten things she learned along the way and how she has now turned them into 10 core beliefs that anyone can use to achieve their goals. Dreams do come true if you believe, is her mantra. Changing your thoughts will change your life is her truth. This book chronicles Dr. Donna's path, her struggles and disappointments, along with her successes and synchronistic happenings that presented themselves at just the right moments. Combining that with the belief she had in herself, the people she put on her team, and her intense desire to follow the road less traveled, she not only achieved her goals, she is able to leave the world just a little bit better than she found it by empowering others to live their best lives and not settle for anything other than their personal greatness. If you're looking for permission to break out of a situation that you can no longer tolerate, or you seem...



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