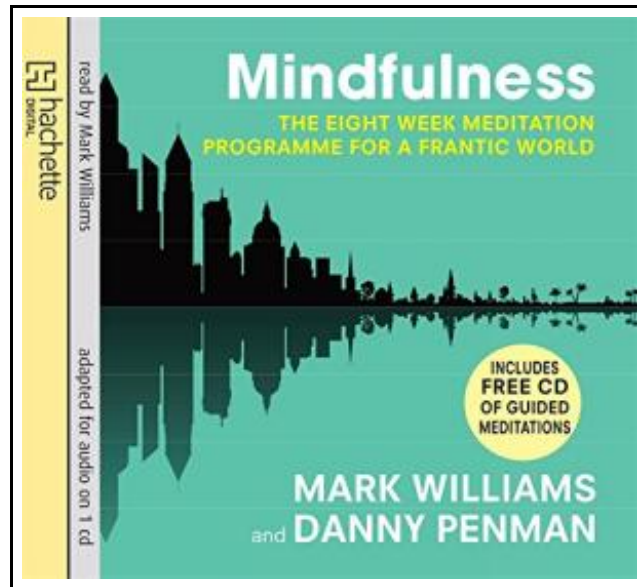


Mindfulness: A practical guide to finding peace in a frantic world



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(Audrey Lowe I)

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