



Minimalist Living: How to Waste Less and Gain More by de-Cluttering: Minimalist Living, Minimalist Book, Minimalist Guide, Minimalist Tips, Minimalism (Paperback)

By Debbie Hoffman

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Minimalist Living: How to Waste less and Gain More by De-cluttering Minimalism is living with as less you possibly can, mentally and physically until you gain serenity in your life. However, minimalistic living does not mean you have to give up all the comforts of life and live like a monk. It is a lifestyle choice where you learn to live happily with less number of things at work and home. Minimalism is an easy thing and has plenty of benefits individually and to the environment too. It will provide you the financial freedom which is very important. With less number of things to care for, you will have more time for yourself, peace of mind and do things which are more meaningful in life. This eBook will introduce you to the world of minimalism, how you can change your attitude, prepare you to this lifestyle and will teach you a lot of things about downsizing and being happy.



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