



Self-sufficiency Herbs and Spices (Paperback)

By Linda Gray

IMM Lifestyle Books, United Kingdom, 2011. Paperback.
Condition: New. Language: English . Brand New Book. Some herbs grow vigorously, some are tender and need special growing conditions, some are annuals, some perennials, some you can grow indoors, all can be grown in pots or directly into the ground. There are also certain species, such as chillies, that can be grown in temperate climates. This clear and concise directory of herbs and spices provides all the essential information to help you grow a selection of these flavour-enhancing foods in small or large spaces. Ideas for which herbs and spices go best with which foods also accompany each description, so that you can really enliven your repertoire of recipes.



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